

# 2022 Local Product Catalog



# Shop & Eat & Enjoy

What is Local? "Locally grown" refers to food and other agricultural products that are grown or produced, processed and then sold within a certain area. While there are many different definitions, in most instances produce can be classified as "local" when it comes from 150-300 miles away.







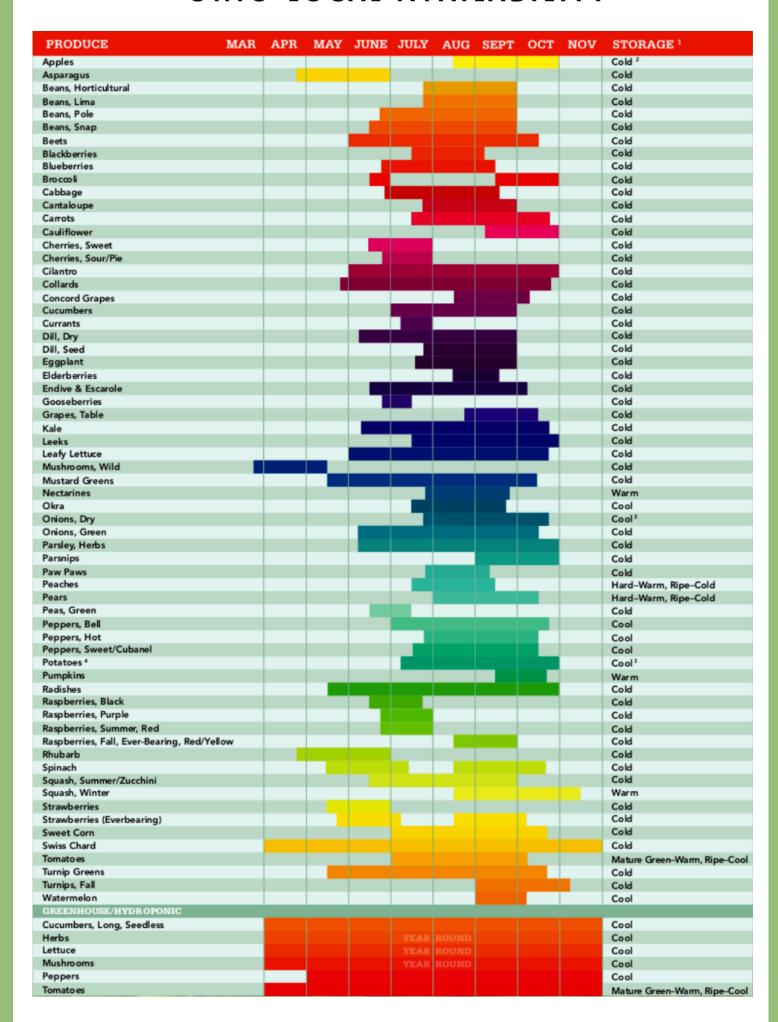
You can't buy happiness, but you CAN buy local, and that's kind of the same thing. ""

# REASONS TO EAT LOCAL

- Eating local means more for the local economy every dollar spent locally generates 2x as much income.
- Local produce is fresher and tastes better your produce is often picked within 24 to 48 hours of receipt.
- Locally grown produce has longer time to ripen, as it's handled less.
- Eating local is better for air quality and pollution there is less of a carbon footprint and supports responsible land development.
- Buying local keeps us in touch with the seasons we eat produce that is at it's peak taste, at the most abundance, and the least expensive.
- There is a story behind local whether it's a farmer who brings apples to the market, or a baker who makes the bread, knowing who and what is behind the finished product is a powerful part to every meal.
- Eating local protects from bioterrorism food with less distance to travel is less susceptible to harmful contamination.
- Local food translates into more variety.



# OHIO LOCAL AVAILABILITY





# **DISTANCE FROM SIRNA & SONS**

# FARM NAME CITY, STATE MILES FROM FACILITY

BAUMAN ORCHARDS	RITTMAN, OH	43.2 MILES
CARLTON FARMS	MANTUA, OH	12 MILES
CLEVELAND BEAN SPROUT	CLEVELAND, OH	39.2 MILES
CLEVELAND TOFU	CLEVELAND, OH	28.8 MILES
FREE LEAFY GREENS	HUDSON, OH	15 MILES
FRUIT GROWERS MARKET	NEWCOMERSTOWN, OH	72.6 MILES
GREAT LAKES GROWERS	MIDDLEFIELD, OH	23.3 MILES
GREEN CITY GROWERS	CLEVELAND, OH	38.5 MILES
GREEN FIELD FARM	WOOSTER, OH	62.7 MILES
HOLTHOUSE FARMS	WILLARD, OH	89.6 MILES
MACKENZIE CREAMERY	HIRAM, OH	9.4 MILES
MCMASTER FARMS	COLUMBIANA, OH	45.1 MILES
MIDDLEFIELD CHEESE	MIDDLEFIELD, OH	24.1 MILES
MONROE'S ORCHARD	HIRAM, OH	10.2 MILES
OBERLIN FOOD HUB	OBERLIN, OH	63 MILES
POLTER'S BERRY	FREMONT, OH	108 MILES
PURE INTENTIONS	AKRON, OH	24 MILES
RASSIE FARMS	NORTH EAST, PA	122 MILES
SCHLABACH AMISH BAKERY	MILLERSBURG, OH	65 MILES
STEIN'S HONEY	COLLINS, OH	83 MILES
VIGEO GARDENS	AKRON, OH	22.2 MILES
DOUG WALCHER FARMS	NORTH FAIRFIELD, OH	82.3 MILES
WIERS FARM	WILLARD, OH	107 MILES
KW ZELLERS FARM	HARTVILLE, OH	17.2 MILES





### **Rauman Orchards** • Rittman, Ohio

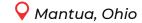




Local items: apples (sept - may), apple cider (sept - may), pears (september - january), peaches (july - sept), corn (july - august)

Bauman Orchards has been a grower and seller of fine fresh produce such as apples, peaches, plums and sweet corn, since our start in 1929 in Rittman, OH. Over the years we have grown from 18 acres to our current size of over 260 acres. We now have a total of 70,000 apple trees and 12,000 peach trees, featuring 25 varieties of apples and 15 varieties of peaches. The orchard's cider presses are busy each year from September through May making fresh cider that we sell in our Farm Market in addition to pies, cookies, gift baskets and, of course, our variety of produce.

#### Carlton Farms • Mantua, Ohio

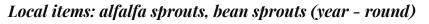


Local items: pumpkins, mini pumpkins, indian corn (sept - oct)

Our farm has been in the Carlton family since around the late 1820's, but it was not always a produce farm. Originally setup as a dairy farm, cows were milked for close to 100 years. The land was worked to feed the animals, livestock, and our family. It wasn't until around 1985 our family realized that there was more profit to be made in the fields growing and harvesting fresh produce. We did this for about 20yrs and slowly shifted acres from summer produce to now only focusing on fall products like pumpkins, hay, corn, and soybeans. Our business has grown rapidly, and over our 35 years of service we have developed rapport with our customers, who come back year after year.

# Cleveland Bean Sprout ○ Cleveland, Ohio







Cleveland Bean Sprout is located in Cleveland, Ohio and primarily operates in the Alfalfa Farm business / industry within agricultural production. Cleveland Bean Sprout has been in business for approximately 28 years, and employs a handful of people at one single location. Their products include primarily sprouts, of both the alfalfa and bean variety.



# Cleveland Tofu (International Specialty)



Local items: tofu (year - round)

Cleveland, Ohio

Locally owned and operated, artisan crafted, Cleveland Tofu has been in business since 1976. The quality and consistency of our tofu has remained the same throughout time as is our dedication to bringing you the finest, local, hand-made tofu you can find. Our soybeans come from Ohio. The seeds are locally grown and processed in Ohio. All seed is Non-GMO and Kosher certified. Our growers meet the most rigorous industry standards for quality and purity and are always rated within the top three suppliers in the world.

# Fruit Growers Marketing Association ○ Newcomerstown, Ohio

Local items: strawberries (may - june)

In January 2007 the memberships of the Ohio Fruit Growers Society, Ohio Vegetable and Potato Growers Association, and Direct Agricultural Marketers Association merged to form Ohio Produce Growers & Marketers Association. The new organization was formed to streamline the educational and promotional activities of the Ohio's produce growers and marketers. OPGMA was designed to aid in providing opportunities to business owners, employees, and families associated with the the state's fresh produce industry. Promoting the consumption of fresh fruits and vegetables was and still is an important goal for the association.

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Local items: lettuce blends, butter lettuce, frisee, green leaf, upland crest, micro greens, herbs (year - round)

Great Lakes Growers is the Midwest's premier hydroponic grower of fresh, delicious, clean and nutrition-packed lettuces and herbs. We grow everything in our state-of-the art greenhouse using water, not soil. Why? Simply put, we believe the quality of hydroponically grown produce is superior. Because our plants get the optimal amount of water and nutrients, they grow with more consistency and better quality while preserving resources in a shorter amount of time.



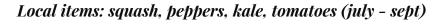
# Green City Growers ○ Cleveland, Ohio



Local items: lettuce blends, herbs, baby bok choy, romaine, bibb, upland cress, watercress (year - round)

Green City Growers produces tasty, nutrient-rich, pesticide-free produce year-round. Capitalizing on our custom built, state-of-the art greenhouse, we produce millions of heads of lettuce and specialty greens and hundreds of thousands of pounds of herbs and microgreens every year. We're proud to be ranked as the largest food-production greenhouse in a core urban area in the United States and one of the largest local food initiatives in the country.

# Green Field Farms ♥ Wooster, Ohio





Green Field Farms is a cooperative dedicated to sustainable agriculture for the horse farming communities of Amish and conservative Mennonite people. The organization was founded in 2003 by a small group of Amish farmers and business men with a concern for our future generations. The cooperative was formed to revitalize our family farms by providing customers like you fresh and nutritious food, and a brand you can trust. Our farms are small, under 200 acres, which enables the farmers to give special attention to each field and ensure that appropriate soil conditions are maintained to grow a healthy and nutritious crop.

### Holthouse Farms Willard, Ohio



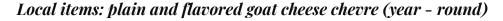
**HOLTHOUSE FARMS** -Of Ohio Inc.

Local items: squash (oct - nov), collard greens (june - sept), cabbage (june - sept), kale (june - sept), beets (june - sept), peppers (oct - nov), strawberries (may), parsley (june - oct), corn (july - sept), cucumbers (may - oct), green beans (july - sept)

Holthouse Farms is a family owned vegetable farm, located in north central Ohio, that has been producing high quality produce for over 100 years. In 1870 Jan Holthuis was born in the Netherlands; 19 years later he would leave his homeland and set up residence in Kalamazoo, Michigan, and eventually settle in a tiny village about 50 miles south of Sandusky, Ohio, called Celeryville. He and his two sons, Rudy and Jacob, established what would become Holthouse Farms in 1903.



# Mackenzie Creamery ♀ Hiram, Ohio





Mackenzie Creamery has made its home on a beautiful, 30-acre farm in Hiram, OH. Today, we continue to grow our business with the same principles that helped build our solid foundation in 2007. This allows us to both deliver consistently fresh high-quality goat cheese, and do so in a responsible and sustainable fashion. Mackenzie Creamery fresh goat cheese comes in a variety of flavors, and is perfect for incorporating into recipes, serving at your next party, or snacking on when you're in the mood for a decadent treat.

#### *McMaster Farms* ♀ Columbiana, Ohio

Local items: corn (july - august)



McMaster Farms, LLC is a fourth-generation farm. We grow sweet corn and pumpkins and other fall items. We also sell the freshest local produce when it comes in season, such as tomatoes, peaches, green beans, watermelons, cantaloupes, onions and more. We are a large wholesale and retail farm. Our wholesale operation ships to locations as far away as South Carolina. The retail store located at the farm sells any quantity of Ohio produce you may require, with sweet corn being our specialty in the summer months. You can pick up the freshest green beans, tomatoes, onions, watermelon, cantaloupes, peaches and more!

# Middlefield Cheese ♀ Middlefield, Ohio



Local items: baby swiss, colby jack, white curds, gouda, habanero jack, mild cheddar, monterey jack, pepper jack, sharp cheddar, white cheddar, shredded mozzarella, smoked cheddar, smoked gouda (year -round)

Middlefield Original Cheese Co-Op is an Amish farmer owned co-op that is located in Middlefield, OH. The co-op was established in 1956 and consists of small family farms located in Northeast Ohio and Western Pennsylvania. These are true small family farms, with the average herd size of 12-20 cows per farm. No artificial hormones are used on these farms. The cows are hand milked, and the fresh milk is delivered to the cheese house in traditional milk cans. The all natural cheese is produced in open vats utilizing the skills of the cheese maker.



# Monroe's Orchard ♀ Hiram, Ohio

Local items: maple syrup, apples (year - round)



Our orchard has approximately 25 varieties of apples, six varieties of peaches, also pears, strawberries, cherries and a variety of fall crops. We still produce maple syrup every spring. So you may see steam rising from the sugarhouse in February or March. Our Apple Harvest Festivals are held the last Saturday of September and the first two Saturdays of October every year. The quality of our produce has always been very important to our family. We hope you enjoy your visit to our farm, Monroe's Orchard & Farm Market, LLC.

# Oberlin Food Hub ♀ Oberlin, Ohio



Local items: variety of local fruits and vegetables (seasonally)



Founded in 2016, the Oberlin Food Hub serves as a local food aggregation and distribution center, sourcing goods from farms and food entrepreneurs in Northeast Ohio and beyond for sale to local wholesale buyers and retail customers. Food hubs are warehouses and distribution centers that bridge the gap between small and medium-sized farms and large wholesalers with knowledge and expertise in both worlds. The Oberlin Food Hub works with both producers and buyers to address the challenges of scaling up production for wholesale channels while maintaining local food's value for today's discerning consumer.

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Local items: strawberries (may - june)

After graduation from The Ohio State University Dan and Carol Polter started farming with just 40 acres - the farm has grown steadily over the years to its current acreage of around 2000. Sons Tony and Steve have both returned to the farm after graduation from The Ohio State University and now handle farm operations and sales. Strawberries have been grown at Polter's Berry Farm since 1975. We are constantly improving our growing practices and implementing the latest technology and varieties to produce the highest quality fruit you will ever eat.



### Pure Intentions Q Akron, Ohio

Local items: wheatgrass (year - round)



Kathy Evans began as an organic herb farmer. During the time that the Akron area was experiencing a renewed interest in eating locally grown, seasonal organic herbs and vegetables. In addition to growing herbs and vegetables, she had been growing wheatgrass for herself, friends and family while educating them about the benefits of drinking wheatgrass juice. Growing wheatgrass soon became year round full time work for her, and after growing it in her basement they moved to warehouse space in the valley. After 8 years at this location, they designed from scratch a state of the art, climate controlled grow room to accommodate their future growth.

Rassie Farms • North East, Pennsylvania

Local items: blueberries (july)

Since 1978, Rassie Farms has owned and operated their small family farm. They have diversified from concord grapes to include blueberries as well as wine grapes. Additionally, they have a variety of fruits, vegetables and honey at their farm.

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Local items: granola - maple, natural, grand-ola varieties (year - round)

Located in the heart of Ohio's Amish country, Schlabach Amish Bakery Company has been producing all natural cereals, granolas, and granola bars for over thirty years. Their bakery was originally created to service the local Amish community with products that the Amish considered staples in their diet. Using the finest ingredients they can find, Schlabach products are truly handmade, baked in small batches and packaged by hand. Through word of mouth advertising, Schlabach Amish Bakery developed a reputation for wholesome goodness and outstanding flavor produced naturally.



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Local items: honey, honeycomb (year - round)



Stein Honey has been a family tradition since 1998. Our humble beginnings started with just two beehives purchased to pollinate apple trees in the yard. Twenty one years later, we own more than 900 hives and produce thousands of pounds of honey annually. We also use our bees to produce comb honey and cream honey while the byproduct of beeswax is used for candles. We ensure nothing goes to waste. Our products are all natural, and made with pride. We do our own beekeeping and production in-house. We tend to our bees and provide them the utmost care.

# Vigeo Gardens ♀ Akron, Ohio

Local items: microgreens, herbs (year - round)



We offer the freshest, healthiest microgreens, leafy greens, and herbs available in the region. The intense flavors of our finely curated produce tantalizes taste buds. Our greens capture the essence of ethical eating. whether you are an internationally recognized chef or someone just looking to put a healthy dish on the table, Vigeo Gardens has the produce to complete your balanced meal.

# **Doug Walcher Farms** → North Fairfield, Ohio



Local items: cucumbers, eggplant, peppers, squash (july - sept)

Since 1986, Doug Walcher Farms has specialized in bell peppers, cucumbers, summer squash, eggplant, winter squashes and fall ornamentals. The company grows, packs and ships vegetables from their own fields as well as from many other local contracted growers totaling over 1,500 acres from six states. The diversity of growing areas insures a consistent supply for their customers. In 2012, Doug Walcher Farms improved upon their already robust food safety program and became Primus GFS certified in the packing plant. Doug Walcher Farms prides themselves on quality, reliability and continuous improvement to insure their customers receive the safest, local food.



#### LOCAL FARMS AND PROVIDERS

#### Wiers Farm • Willard, Ohio

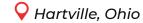


Local items: romaine, peppers, tomatoes, squash, cucumbers, green beans, radish, leeks, endive (july - sept)



In 1896, our founder, Henry Wiers purchased 5 acres in the muck lands near Willard, Ohio. From humble beginnings, Wiers Farm has grown to become an industry leader in quality, service, reliability, and food safety. Through five generations we've converted family values and hard work into a company that our employees are proud of and our customers trust. Our produce is known by our family name and we'll do everything we can to guarantee its quality and your satisfaction.

# KW Zellers Farm → Hartville, Ohio



Local items: escarole, endive, romaine, cilantro, radishes, lettuce (july - sept)

The Zellers family grows produce and ships fresh vegetables, such as escarole, endive, romaine, cilantro, baby dill, parsley, beets, radishes and many other green leaf lettuces. All are processed in the washhouse, which is sanitarily maintained. Zellers Farm is located in Hartville, Ohio and was founded in 1926. They have more than 1,200 acres, with lettuce growing on 700 acres, radishes on 300, and cilantro on over 100.

# Free Leafy Greens ♥ Hudson, Ohio





Local items: spring mixes (year - round)

At Free Leafy Greens, less is more. Cultivated locally in our modern greenhouses, our sustainable growing process and safer farming practices are designed to protect our lettuce supply and our customers. Through our highly controlled environment, we're able to eliminate the outside factors and human elements that can severely compromise the safety of our nation's produce. We use only what we need, harnessing pure natural elements – sun, water and clean air - to create the best possible ecosystem for our lettuce to thrive.

+ ALWAYS SEARCHING!

#### FOOD SAFETY FROM FARM TO FORK



We're big supporters of the local movement, and would love to source from as many local farms and suppliers as we can, as long as they uphold the USDA guidelines for food safety and quality. All approved local suppliers comply with our food safety standards to ensure we keep our customers safe, as well as satisfied.

# BEST USES FOR LOCAL APPLE VARIETIES



Granny Smith



Pippin

#### COOKING & BAKING

Choose apples with a sturdy texture and a tart flavor to balance the sweetness in pastry.



Braeburn



Crispin



Cortland



McIntosh

#### APPLESAUCE & APPLE BUTTER

Softer, sweeter apples will make a smoother sauce that doesn't require extra sugar.



Jonathan



Gala



Winesap



Red Delicious

#### CIDER

For a robust flavor, mix a variety of sweet and tart apples when making your own cider.



Golden Delicious



Gravenstein



Honeycrisp



Pink Lady

#### EATING

Apples are at their peak season in fall with many varieties to choose from at your local farmers' market.



Fuji



Cameo

Let's get social! Give us a follow on any of our social media channels:



@sirnaandsons



@sirnaandsonsproduce



Sirna & Sons Produce



# SIRNA & SONS FRODUÇE

